



Conestoga Youth Lacrosse (CYLAX) 2010 Program Registration Information and Program Summary:

CYLAX programs are only available to residents of Tredyffrin & Easttown Townships.

Spring 2010 Program Registration:

Registration is open from November 1, 2009 to Sunday, January 17, 2010. Those registering after January 17, 2010 will be put on the waiting list and will be placed on teams only if space permits.

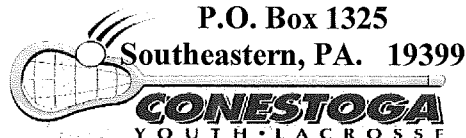
Online Registration is the only way to register your son for CYLAX. If you want to talk to a Program Director, Coach, or Board Member before registering or if you need to be guided through the registration process, please send an email to CYLAX@comcast.net and we will contact you.

A link to our online Registration Form is available on November 1, 2009 at www.CYLAX.com. Online registration requires health insurance information and a credit card. **For new players or any players who did not participate last year, a copy (that we can keep) of your child's birth certificate must either be emailed as a PDF file to cylax@comcast.net or mailed to CYLAX, PO Box 1325, Southeastern, PA 19399 by February 6, 2010.** (Reasonable substitutes for birth certificates include passports, baptismal records, school records etc. as long as they contain both the child's name and his date of birth). Registration is not considered complete until all related paperwork has been received.

CYLAX is sensitive to families who would otherwise not be able to participate due to financial hardships. CYLAX values their participation and is able to offer financial assistance to these players. If you are in this situation, please do not hesitate to contact Steve Loose, CYLAX President, directly and confidentially at CYLAX@comcast.net.

Finally, running CYLAX is an expensive proposition and we are grateful to the many fine individuals and companies who've supported us financially in the past. Please consider a team sponsorship or a donation to our organization during the registration process.

The following **SPRING 2010 PROGRAM SUMMARY** contains registration fee information, a description of the levels of play, expectations for those trying out for an "A" level team, and importantly, information on how players are grouped into divisions. *Please be sure you know the division your son should be assigned to before registering.*



Division Assignments: In the U9 and U11 divisions, school grade levels are used as the guideline for Division assignments. At the U13 and U15 levels, birthdates determine the Division that a player is assigned to.

Players are not permitted to play up (or out of the age group, i.e., U13 playing as a U15 player) without CYLAX Board approval. Requests made after January 17 may not be able to be honored. Conversely, no one may "play down" in a division for which they are not age eligible without approval from the Chester County Lacrosse Association. Such requests must be made via e-mail to Steve Loose at CYLAX@comcast.net, by January 24, 2010.

U15 (Under 15): 7th, 8th and 9th graders (Birthdates from January 1, 1995 to December 31, 1996 - cannot turn 15 years old before December 31, 2009). **Registration fee = \$165**

We will field a number of "A" Division and "B" Division teams as necessary based upon enrollment and skill level. All teams will travel and compete within the Chester County Lacrosse Association. Age eligible 9th graders may not play for both CYLAX and their high school. **Age eligible 7th graders who meet the U-13 age requirements are encouraged to sign up for the U-13 division.** U15 players typically have one or two practices and two games each week (Thursday and Saturday).

U13 (Under 13): 5th & 6th and age eligible 7th Graders (Birthdates from January 1, 1997 to December 31, 1998 - cannot turn 13 years old before December 31, 2009) **Registration fee = \$165**

We will field a number of "A" Division, "B" Division and "C" Division teams as necessary based upon enrollment and skill level. All teams will travel and compete within the Chester County Lacrosse Association. The "C" League teams will have a greater emphasis on skill development. U13 players typically have one or two practices and two games each week (Tuesday and Saturday).

U11 (Under 11): 3rd & 4th Graders. **Registration fee = \$135**

Registrants will be divided into as many 'balanced' teams as necessary based upon enrollment. All teams will play a "House League, i.e., CYLAX teams only" format emphasizing coaching and skill development. There will be no travel team play. The typical U11 schedule consists of a group 'Skills and Scrimmage' session on Monday evenings, one practice during the week, and a game on Sunday afternoon. We finish the season on Sunday, June 6 with a 'play day' on the turf at Teamer Field at Conestoga High School. CYLAX will field a few post season tournament teams that will be comprised of kids who have exhibited a higher skill level for their age group. Selection will be determined by the coaches and/or via a skill evaluation session. Details to follow throughout the season.

Under 9: 1st & 2nd Graders. **Registration fee = \$110**

Registrants will be divided into as many teams as necessary based upon enrollment. U9 players are grouped as best as possible by school. Variations in school demographics from registration may necessitate that a player is grouped with others that are not from the same school, but every effort will be made to keep our youngest players with school peers. All teams will play a "House League" format emphasizing coaching and skill development. The typical U9 schedule consists of a group 'Skills and Scrimmage' session on Friday evenings, one practice during the week, and a game on Sunday afternoon. We finish the season on Sunday, June 6 with a play day on the turf at Teamer Field at Conestoga High School.

Tryouts: Tryouts for U15 and U13 teams and U11 Player evaluations (to help us balance teams) are tentatively scheduled for February 27 and 28 and March 6 and 7 – details will follow via email and on our website. U15 and U13 players trying out for the "A" level teams are expected to make a commitment to lacrosse over other recreational and youth sports activities. (It is anticipated that flexibility will be needed from time to time for those players involved with Middle School lacrosse/athletic teams). Players wishing to play a travel schedule but are unable to make this kind of



commitment should let coaches know that they are trying out for a "B" level travel team only. Please note, at all levels, excessive or unexcused absences may lead to reduced playing time.

Equipment: All players are required to have a lacrosse stick, lacrosse helmet (hockey helmets are not recommended), shoulder and rib pads, elbow pads, lacrosse gloves and mouthguards. New lacrosse equipment can be purchased at Competitive Edge (Wayne), Wayne Sporting Goods (Wayne), Kelly Sports (West Chester), Lacrosse International (Downingtown) or at most sporting goods stores. Used equipment may be available at Play It Again Sports in Berwyn. Note: Any color of helmet is acceptable; however, if your child is going to play for the Conestoga program on an extended basis, you may be better off purchasing a black helmet. For those interested, helmet labels showcasing the maroon Conestoga 'C' can be purchased during registration.

Uniforms: Coaches will provide the league approved uniforms to players during the first or second week of practice. The following outlines the uniform policy for CYLAX:

- **U15 and U13:** All U15 and U13 teams are travel teams. The Chester County Lacrosse Association requires Conestoga Youth Lacrosse to wear maroon colored jerseys. Players receive a CYLAX reversible 'no-sleeve' jersey and shorts that they can keep. Additional shorts purchases and other CYLAX items will be available for purchase on our team store – check our website at www.cylax.com for details.
- **U11 and U9:** The U11 and U9 teams play in an internal 'house' league. Players receive a CYLAX reversible 'no-sleeve' jersey that they can keep. There are no restrictions on U11 and U9 shorts; however, CYLAX recommends solid BLACK or the league approved shorts which may be purchased via our team store – check our website at www.cylax.com for details.

Refund Policy:

- 90% of registration fee refundable for cancellations before January 17th, 2010
- 50% of registration fee refundable for cancellations after January 17th, 2010 only if canceling player can be replaced by a player on the waiting list.
- Since uniforms, US Lacrosse membership, online fees, and related items are secured and paid for prior to the season, there are no refunds after February 15, 2010.