



Conestoga Youth Lacrosse (CYLAX) 2009 Program Registration Information and Program Summary:

CYLAX programs are only available to residents of Tredyffrin & Easttown Townships.

Spring 2009 Program Registration: Due to field availability, CYLAX is only able to accommodate 450 participants. **We were at capacity last year so it is important that you register as soon possible to reserve a spot for your son.** Additionally, due to the many details that need to be addressed upon the conclusion of registration, we will close registration on January 25th. Should we reach 450 players prior to January 25th, registration will close and we will then compile a waiting list. Regardless, registration will close January 25th!

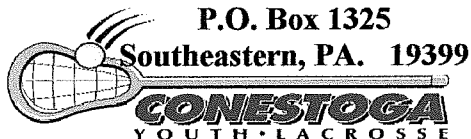
- **Online Registration is the only way to register your son for CYLAX.** If you want to talk to a program director, coach, or board member before registering, please send an email to CYLAX@comcast.net and we will contact you. Please include your name, phone number, son's age and birth date. Online Registration will run from Saturday, November 8 through Sunday, January 25, 2009. A link to our Online Registration platform is available at www.CYLAX.com. Online registration requires health insurance information and a credit card. ***For new players or any players who did not participate last year, a copy (that we can keep) of your child's birth certificate must be sent to CYLAX, PO Box 1325, Southeastern, PA 19399 by February 7, 2009.*** (Reasonable substitutes for birth certificates include passports, baptismal records, school records etc. as long as they contain both the child's name and his date of birth.). Note: If you need to be guided through the registration process, please send an email to CYLAX@comcast.net and we will contact you.

Please note: Registration is not considered complete until all related paperwork has been received.

CYLAX is sensitive to families who could not participate due to financial hardships. CYLAX values their participation and is able to offer scholarships to these players. If you are in this situation, please do not hesitate to contact Mark Frisina, CYLAX President, directly and confidentially at CYLAX@comcast.net.

Finally, running CYLAX is an expensive proposition and we are grateful to the many fine individuals and companies who've supported us financially in the past. We appreciate any support you can provide this year. If you are interested in sponsoring a team or providing other financial support; please contact us at CYLAX@comcast.net.

The following **SPRING 2009 PROGRAM SUMMARY** contains registration fee information, a description of the levels of play, expectations for those trying out for an "A" level team, and importantly, information on how players are grouped into divisions. *Please be sure you know the division your son should be assigned to before registering.*



Division Assignments: School grade levels are used as the general guideline for Division assignments. Players who are age eligible to play for the division below their school grade, i.e. an 8-year-old 3rd grader, a 10-year-old 5th grader or a 12-year-old 7th grader, may play in their age appropriate division based upon parental request. Players are not permitted to play up (or out of the age group, i.e., U13 playing as a U15 player) without CYLAX Board approval. Requests made after January 25th may not be able to be honored.

U9 players are grouped as best as possible by school. Variances in school demographics from registration may necessitate that a player is grouped with others that are not from the same school, but every effort will be made to keep our youngest players with school peers.

No one may "play down" in a division for which they are not age eligible without approval from the Chester County Lacrosse Association. Such requests must be made via e-mail to Mark Frisina, CYLAX@comcast.net, by January 25th.

Under 15: 7th, 8th & 9th Graders (Birthdates from January 1, 1994 to December 31, 1995 - cannot turn 15 years old before December 31, 2008). **Registration fee = \$160**
 We will field a number of "A" Division and "B" Division teams as necessary based upon enrollment and skill level. All teams will travel and compete within the Chester County Lacrosse Association. Age eligible 9th graders may not play for both CYLAX and their school. **Age eligible 7th graders who meet the U-13 age requirements are encouraged to sign up for the U-13 division.** U15 players typically have one or two practices and two games each week (Thursday and Saturday).

Under 13: 5th & 6th Graders (Birthdates from January 1, 1996 to December 31, 1997 - cannot turn 13 years old before December 31, 2008) **Registration fee = \$160**
 We will field a number of "A" Division, "B" Division and "C" Division teams as necessary based upon enrollment and skill level. All teams will travel and compete within the Chester County Lacrosse Association. The "C" League teams will have a greater emphasis on skill development. U13 players typically have one or two practices and two games each week (Tuesday and Saturday).

Under 11: 3rd & 4th Graders (Cannot turn 11 years old before December 31, 2008) **Registration fee = \$125**
 Registrants will be divided into as many teams as necessary based upon enrollment. All teams will play a "House League" format emphasizing coaching and skill development. There will be no travel team play. The typical U11 schedule consists of a group 'Skills and Scrimmage' session on Monday evenings, one practice during the week, and a game on Sunday afternoon. We finish the season on Sunday, June 7 with a play day on the turf at Teamer Field at Conestoga High School.

Under 9: 1st & 2nd Graders (Cannot turn 9 years old before December 31, 2008): **Registration fee = \$100**
 Registrants will be divided into as many teams as necessary based upon enrollment. All teams will play a "House League" format emphasizing coaching and skill development. The typical U9 schedule consists of a group 'Skills and Scrimmage' session on Friday evenings, one practice during the week, and a game on Sunday afternoon. We finish the season on Sunday, June 7 with a play day on the turf at Teamer Field at Conestoga High School.

Tryouts: Tryouts for U15 and U13 teams and U11 Player evaluations (to help us balance teams) are currently scheduled for the 1st and 2nd week of March – details will follow via email and on our website. U15 and U13 players trying out for the "A" level teams are expected to make a commitment to lacrosse over other recreational and youth sports activities. (It is anticipated that flexibility will be needed from time to time for those players involved with Middle School lacrosse/athletic teams).



Players wishing to play a travel schedule but are unable to make this kind of commitment should let coaches know that they are trying out for a "B" level travel team only. Please note, at all levels, excessive or unexcused absences may lead to reduced playing time.

Equipment: All players are required to have a lacrosse stick, lacrosse helmet (hockey helmets are not recommended), shoulder and rib pads, elbow pads, lacrosse gloves and mouthguards. New lacrosse equipment can be purchased at Competitive Edge (Wayne), Wayne Sporting Goods (Wayne), Kelly Sports (West Chester), or at most sporting goods stores. Used equipment may be available at Play It Again Sports in Berwyn. Note: Any color of helmet is acceptable; however, if your child is going to play for the Conestoga program on an extended basis, you may be better off purchasing a black helmet. For those interested, helmet labels showcasing the maroon Conestoga 'C' can be purchased during registration.

Uniforms: Coaches will provide the league approved uniforms to players during the first or second week of practice. The following outlines the uniform policy for CYLAX:

- **U15 and U13:** All U15 and U13 teams are travel teams. The Chester County Lacrosse Association requires Conestoga Youth Lacrosse to provide maroon colored jerseys to its U15 and U13 players. For the 2009 season, **U15 and U13 players will be provided with shorts as part of their uniform (included in the registration fee)**. Additional shorts purchases will be accommodated via registration, at our Photo Day sale or by request.
- **U11 and U9:** The U11 and U9 teams play in an internal 'house' league. For 2009, reversible 'pinnies' will be provided to the players by CYLAX. There are no restrictions on U11 and U9 shorts; however, CYLAX recommends solid BLACK or the league approved shorts which will be available for purchase via registration, at our Photo Day sale or by request.

Refund Policy:

- 90% of registration fee refundable for cancellations before January 25th, 2009
- 50% of registration fee refundable for cancellations after January 25th, 2009 only if canceling player can be replaced by a player on the waiting list.
- Since uniforms, US Lacrosse membership, online fees, and related items are secured and paid for prior to the season, there are no refunds after February 15, 2009.